



SEIZE THE DAY WITH ZEE

用普通话

1

你好, 很高兴见到你 / Nǐ hǎo, hěn gāo xìng jiàn dào nǐ / HELLO, NICE TO MEET YOU

你好, 很高兴见到你 / Nǐ hǎo, hěn gāo xìng jiàn dào nǐ / Hello, nice to meet you

很高兴认识你, 我的新朋友 / Hěn gāo xìng rèn shi nǐ, wǒ de xīng péng yǒu / It's nice to know you, my new friend

我喜欢结交很多新朋友 / Wǒ xǐ huān jié jiāo hěn duō xīng péng yǒu / I would like to make new friends
让我们一起展开新的冒险 / Ràng wǒ mén yì qǐ zhǎn kāi xīng de mào xiǎn / Let's start a new adventure together

你好! / Nǐ hǎo! / Hello!

很高兴见到你 / Hěn gāo xìng jiàn dào nǐ / Nice to meet you

2

在我的家 / Zài wǒ de jiā / IN MY HOME

在我的家着我的家人 / Zài wǒ de jiā zhù zhe wǒ de jiā rén / In my home lives my family

我在家里很快乐 / Wǒ zài jiā lǐ hěn kuài lè / I am very happy in my home

家是一个非常特别的地方 / Jiā shì yí gè fēi cháng tè bié de dì fāng / Family is a very special place

充满着爱与幸福 / Chōng mǎn zhe ài yǔ xìng fú / Full of love and happiness

我衣食无忧 / Wǒ yī shí wú yōu / I do not have to worry about things to eat

也总是玩乐 / Yě zǒng shì wán lè / I always play

我也分享我的房间 / Wǒ yě fēn xiǎng wǒ de féng jiān / I also share my room

3

不同的家庭 / Bù tóng de jiā tíng / DIFFERENT FAMILIES

家庭, 家庭, 有些家庭很大 / Jiā tíng, jiā tíng, yǒu xiē jiā tíng hěn dà / Families, families, some families are big

家庭, 家庭, 有些家庭很小 / Jiā tíng, jiā tíng, yǒu xiē jiā tíng hěn xiǎo / Families, families, some families are small

有些家庭很大 / Yǒu xiē jiā tíng hěn dà / Some families are big

有些家庭很小 / Yǒu xiē jiā tíng hěn xiǎo / Some families are small

但是所有家庭都很美满 / Dàn shì suǒ yǒu jiā tíng dōu hěn měi mǎn / But all families are full of happiness

有些有妈妈 / Yǒu xiē yǒu mā ma / Some have mothers

有些有爸爸 / Yǒu xiē yǒu bà ba / Some have fathers

有些有兄弟姐妹和祖父母 / Yǒu xiē yǒu xiōng dì jiě mèi hé zǔ fù mǔ / Some have siblings and grandparents

家庭, 家庭, 有些家庭很大 / Jiā tíng, jiā tíng, yǒu xiē jiā tíng hěn dà / Families, families, some families are big

家庭, 家庭, 有些家庭很小 / Jiā tíng, jiā tíng, yǒu xiē jiā tíng hěn xiǎo / Families, families, some families are small

有些家庭很大 / Yǒu xiē jiā tíng hěn dà / Some families are big

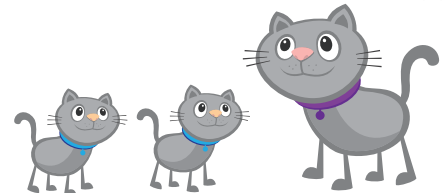
有些家庭很小 / Yǒu xiē jiā tíng hěn xiǎo / Some families are small

但是所有家庭都很美满 / Dàn shì suǒ yǒu jiā tíng dōu hěn měi mǎn / But all families are full of happiness

有些有阿姨 / Yǒu xiē yǒu ā yí / Some have aunties

有些有表兄弟 / Yǒu xiē yǒu biǎo xiōng dì / Some have uncles

还有很多猫 / Hái yǒu hěn duō māo / And many cats



4

我和爷爷去钓鱼以及和奶奶看书 / Wǒ hé yé ye qù diào yú yǐ jí hé nǎi nai kàn shū / I GO FISHING WITH GRANDPA AND I READ WITH GRANDMA

朋友们, 你们知道今天是什么日子吗? 是星期天! / Péng yǒu mén, nǐ mén zhī dào jīn tiān shì shén me rì zhi ma? shì xīng qī tiān! / Friends, Do you know what day is today? It's Sunday!

星期天是我最喜欢的日子因为我会去看爷爷奶奶 / Xīng qī tiān shì wǒ zuì xǐ huān de rì zi yīn wèi wǒ huì qù kàn yé ye nài nai / Sunday is my favorite day because I go visit my grandparents

我喜欢花时间跟他们在一起 / Wǒ xǐ huān huā shí jiān hé tā mén zài yì qǐ / I love spending time with them

我的爷爷总是带我去河边钓鱼 / Wǒ de yé ye zǒng shì dài wǒ qù hé biān diào yú / My grandpa always takes me fishing in the river

我和爷爷去钓鱼 / Wǒ hé yé ye qù diào yú / I go fishing with my grandpa

非常有趣! / Fēi cháng yǒu qù! / It is super fun!

我和爷爷去钓鱼 / Wǒ hé yé ye qù diào yú / I go fishing with my grandpa

你有钓过鱼吗? / Nǐ yǒu diào guò yú ma? / Have you gone fishing?

我和爷爷去钓鱼 / Wǒ hé yé ye qù diào yú / I go fishing with my grandpa

所有人一起! / Suǒ yǒu rén yì qǐ! / Everyone together!

我和爷爷去钓鱼 / Wǒ hé yé ye qù diào yú / I go fishing with my grandpa

我的奶奶会烤美味的饼干! / Wǒ de nǎi nai huì kǎo měi wèi de bǐng gān! / My grandma bakes delicious cookies!

但是我最爱的是和她一起读关于遥远的王国和魔法怪兽的书 / Dàn shì wǒ zuì ài de shì hé tā yì qǐ dú guān yú yáo yuǎn de wáng guó hé mó fǎ guài shòu de shū / But I what I love the most is to read with her about faraway kingdoms and magic creatures

我和奶奶读书 / Wǒ hé nǎi nai dú shū / I read with my grandma

你最喜欢的书是什么? / Nǐ zuì xǐ huān de shū shì shén me? / What is your favorite book?

我和奶奶读书 / Wǒ hé nǎi nai dú shū / I read with my grandma

我最爱的是龙的故事 / Wǒ zuì ài de shì lóng de gù shì! / I love the ones with dragons!

我和奶奶读书 / Wǒ hé nǎi nai dú shū / I read with my grandma

和我一起唱! / Hé wǒ yì qǐ chàng! / Sing with me!

我和奶奶读书 / Wǒ hé nǎi nai dú shū / I read with my grandma



5

丛林 / Cóng lín / JUNGLE

大象 / Dà xiàng / Elephant

猴子 / Hóu zi / Monkey

老虎 / Lǎo hǔ / Tiger

丛林! 丛林! / Cóng lín! Cóng lín! / Jungle! Jungle!

我看到了什么? / Wǒ kàn dào le shén me? / What did you see?

一只大象, 一只大象 / Yì zhī dà xiàng, yì zhī dà xiàng / An elephant, an elephant

大象怎么叫? / Dà xiàng zěn me jiào? / What sound does an elephant make?

大象 / Dà xiàng / Elephant

丛林! 丛林! / Cóng lín! Cóng lín! / Jungle! Jungle!

我看到了什么? / Wǒ kàn dào le shén me? / What did you see?

一只猴子, 一只猴子 / Yì zhī hóu zi, yì zhī hóu zi / A monkey, a monkey

猴子怎么叫? / Hóu zi zěn me jiào? / What sound does a monkey make?

猴子 / Hóu zi / Monkey

丛林! 丛林! / Cóng lín! Cóng lín! / Jungle! Jungle!

我看到了什么? / Wǒ kàn dào le shén me? / What did you see?

一只老虎, 一只老虎 / Yì zhī lǎo hǔ, yì zhī lǎo hǔ / A tiger, a tiger

老虎怎么叫? / Lǎo hǔ zěn me jiào? / What sound does a tiger make?

老虎 / Lǎo hǔ / Tiger

丛林! 丛林! / Cóng lín! Cóng lín! / Jungle! Jungle!



6

大象 / DÀ XIÀNG / BIG ELEPHANT

当我穿过丛林 / Dāng wǒ chuāng guò cóng lín / When I walked through the jungle

我遇到一只大象 / Wǒ yù dào yì zhī dà xiàng / I met an elephant

非常有礼貌的大象 / Fēi cháng yǒu lǐ mào de dà xiàng / A very polite elephant

当我问他名字 / Dāng wǒ wèn tā míng zì / When I asked him his name

他跟我说 Tā gēn wǒ shuō / He told me

大象, 大象, 大象是我 / Dà xiàng, dà xiàng, dà xiàng shì wǒ / Big Elephant, big elephant, big elephant that's me

很高兴认识你 / Hěn gāo xìng rèn shi nǐ / Nice to meet you

当我穿过丛林 / Dāng wǒ chuāng guò cóng lín / When I walked through the jungle

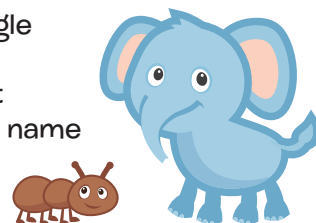
我遇到一只小蚂蚁 / Wǒ yù dào yì zhī xiǎo mǎ yǐ / I met a little ant

非常有礼貌的小蚂蚁 / Fēi cháng yǒu lǐ mào de xiǎo mǎ yǐ / A very polite little ant

当我问她名字 / Dāng wǒ wèn tā míng zì, tā gēn wǒ shuō / When I asked for her name

她跟我说 Tā gēn wǒ shuō / She told me

小蚂蚁, 小蚂蚁 / Xiǎo mǎ yǐ, xiǎo mǎ yǐ / Little ant, little ant



7

安静/听 / ĀN JìNG/TīNG / SILENCE/LISTEN

朋友们, 今天我想教大家一个非常有趣的游戏 / Péng yǒu mén, jīn tiān wǒ xiǎng jiāo dà jiā yí gè fēi cháng yǒu qù de yóu xì / Friends, today I want to teach you a very fun game

它叫喧闹的交响乐队 / Tā jiào xuān nào de jiāo xiǎng yuè duì / It is called The Noisy Orchestra

你需要一个乐, 你需要沙铃, 鼓, 或者甚至用你的手 / Nǐ xū yào yí gè yuè qì, nǐ xū yào shā líng, gǔ, huò zhě shèn zhì yòng nǐ de shǒu / You need a musical instrument, you can use maracas, a drum or even your hands

让我们开始用我们的乐器打个节奏吧 / Ràng wǒ mén kāi shǐ yòng wǒ mén de yuè qì dǎ gè jié zòu ba / Let's start by making a rhythm with our instruments

非常好! / Fēi cháng hǎo! / Very good!

当我说安静的时候, 我们需要停止演奏 / Dāng wǒ shuō ān jìng de shí hòu, wǒ mén xū yào tíng zhǐ yǎn zòu / When I say the word silence, you need to stop playing

当我说听的时候 / Dāng wǒ shuō tīng de shí hòu / When I say the word listen

我们需要在听交响乐队的同时 / Wǒ mén xū yào zài tīng jiāo xiǎng yuè duì de tóng shí / We need to listen the orchestra

然后演奏你们自己的乐器成为乐队的一部分 / Rán hòu yǎn zòu nǐ mén zì jǐ de yuè qì chéng wéi yuè duì de yí bù fèn / And become part of it by playing our instruments

准备好了吗? 安静! 听! / Zhǔn bèi hǎo le ma? Ān Jìng! Tīng! / Are you ready? Silence! Listen!

非常好! 大家都好棒! 太棒了! / Fēi cháng hǎo! Dà jiā dōu hǎo bàng! Tài bàng le! / Very good! Awesome! Great!

大家做得非常好! / Dà jiā zuò de fēi cháng hǎo! / Well done!

谢谢我的朋友和我一起演奏! / Xiè xiè wǒ de péng yǒu mén hé wǒ yì qǐ yǎn zòu! / Thank you for playing with me friends!

8

不要打岔 / BÚ YÀO Dǎ CHÀ / DON'T INTERRUPT

不要打岔, 不要打岔 / Bú yào dǎ chà, bú yào dǎ chà / Don't interrupt, don't interrupt

我想要跟老师说一个故事 / Wǒ xiǎng yào gēn lǎo shī shuō yí gè gù shì / I wanted to tell a story to my teacher

我爸爸帮我买了一台电视 / Wǒ bà ba bāng wǒ mǎi le yí tái diàn shì / My dad bought a television

我们聊天, 我们聊天 / Wǒ mén liáo tiān, wǒ mén liáo tiān / We are chatting, we are chatting

不要打岔, 不要打岔 / Bú yào dǎ chà, bú yào dǎ chà / Don't interrupt, don't interrupt

Coco 忽然从我的后面出现 / Coco hū rán cóng wǒ de hòu miàn chū xiàn / Coco suddenly appeared from behind me

他噼里啪啦说了一堆故事 / Tā pī lǐ pā lā shuō le yí duī gù shì / He talked a lot

我们聊天, 我们聊天 / Wǒ mén liáo tiān, wǒ mén liáo tiān / We are chatting, we are chatting

不要打岔, 不要打岔 / Bú yào dǎ chà, bú yào dǎ chà / Don't interrupt, don't interrupt

我跟我的朋友说一个故事 / Wǒ gēn wǒ de péng yǒu shuō yí gè gù shì / I wanted to tell a story to my friend

故事里有许多奇闻异事 / Gù shì lǐ yǒu xǔ duō qí wén yì shì / There are many strange anecdotes in the story

我们聊天, 我们聊天 / Wǒ mén liáo tiān, wǒ mén liáo tiān / We are chatting, we are chatting



9

请给我, 沙铃 / QǐNG GĚI Wǒ, SHĀ LÍNG / MARACA, PLEASE

请给我, 请 / Qǐng gěi wǒ, qǐng / Please give me, please
 喔, 多欢乐 / Ō, duō huān lè / Wow, how happy
 请给我个沙铃 / Qǐng gěi wǒ gè shā líng / Please give me a maraca
 喔, 多欢乐 / Ō, duō huān lè / Wow, how happy
 我们一起唱 / Wǒ mén yì qǐ chàng / We are singing together
 请给我, 请 / Qǐng gěi wǒ, qǐng / Please give me, please
 谢谢 / Xiè xiè / Thank you
 不客气 / Bú kè qì / You're welcome



10

我的身体制造音乐 / Wǒ DE SHĒN Tǐ ZHÌ ZÀO YīN YUÈ / MY BODY MAKES MUSIC

我身体, 我身体, 制造很多音乐 / Wǒ shēn tǐ, wǒ shēn tǐ, zhì zào hěn duō yīn yuè / My body, my body, makes so much music
 听我的手 / Tīng wǒ de shǒu / Listen to my hands
 听我的脚 / Tīng wǒ de jiǎo / Listen to my feet
 听我的嘴 / Tīng wǒ de zuǐ / Listen to my mouth
 听我的身体 / Tīng wǒ de shēn tǐ / Listen to my body

Vocals: Yun Huang

Background Vocals: Shuli Tang

Musicians: Various Artists

Music direction and arrangements: Daniel Medina

Additional arrangements: Sinuhé Padilla-Isunza

Music composed and recorded for Bilingual Birdies, LLC.

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