

Many Emotions



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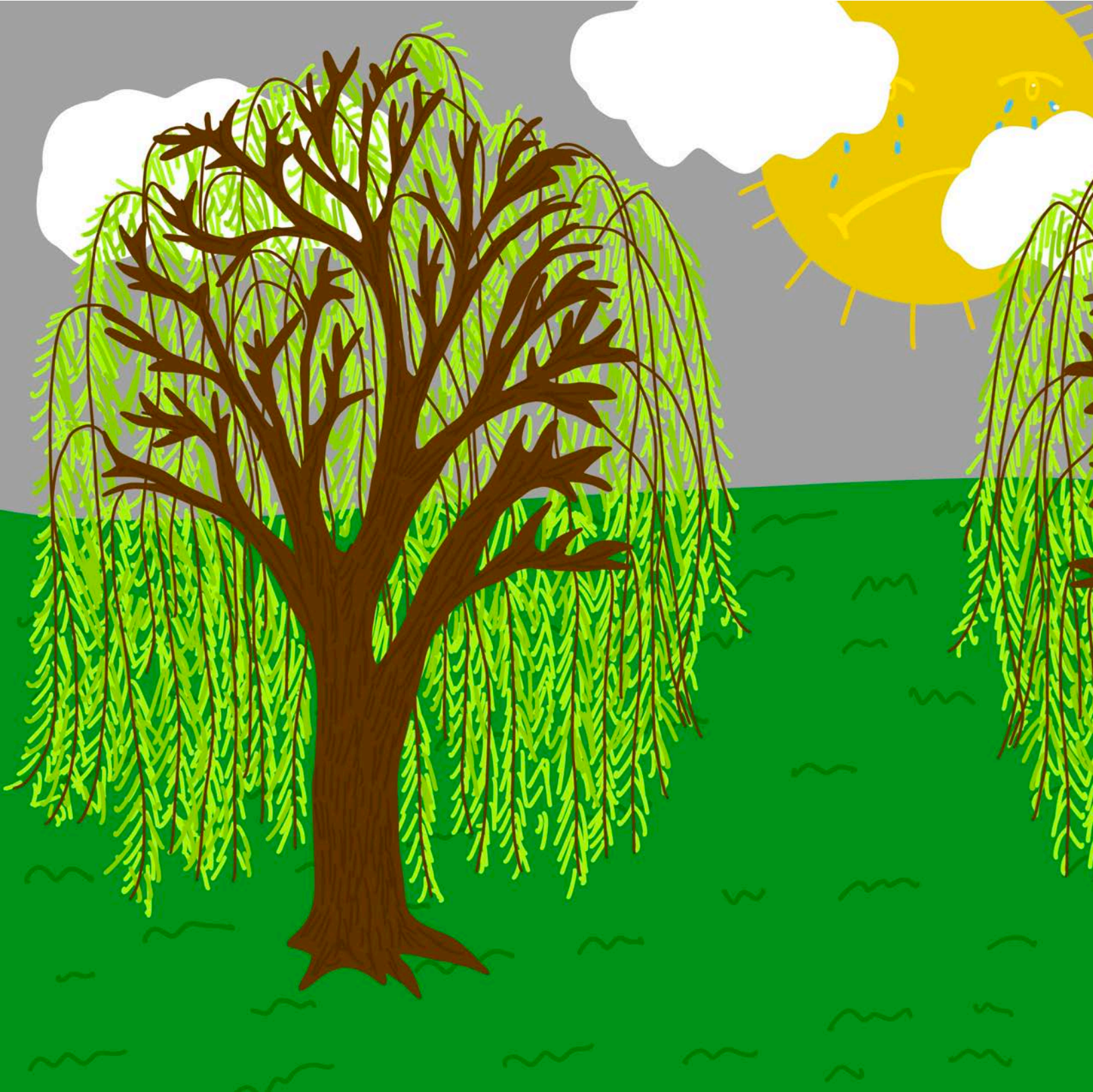


**Friends, in a day we can
go through many
emotions. What do we do?**



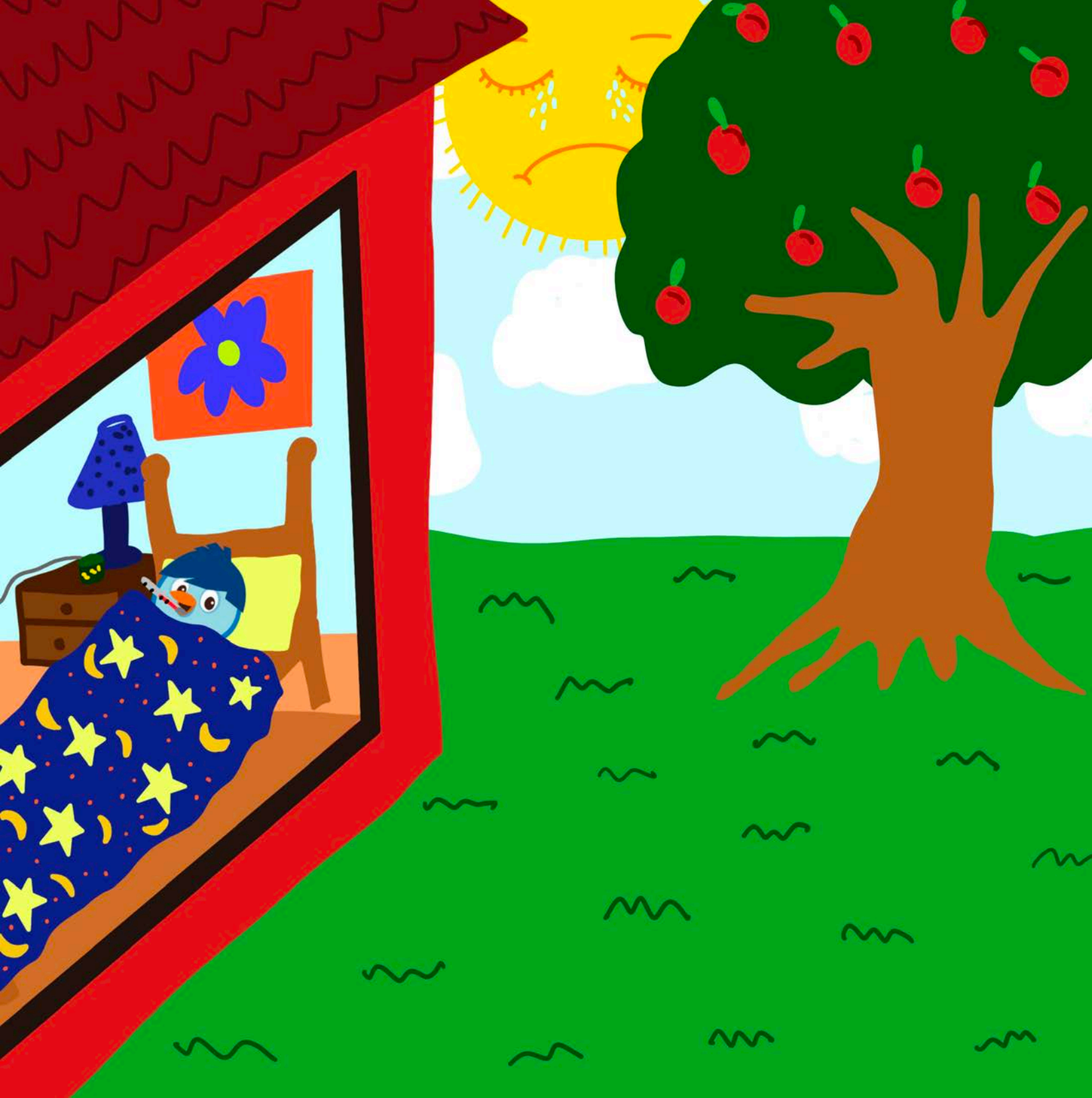


My dog ran away.





I am sad.



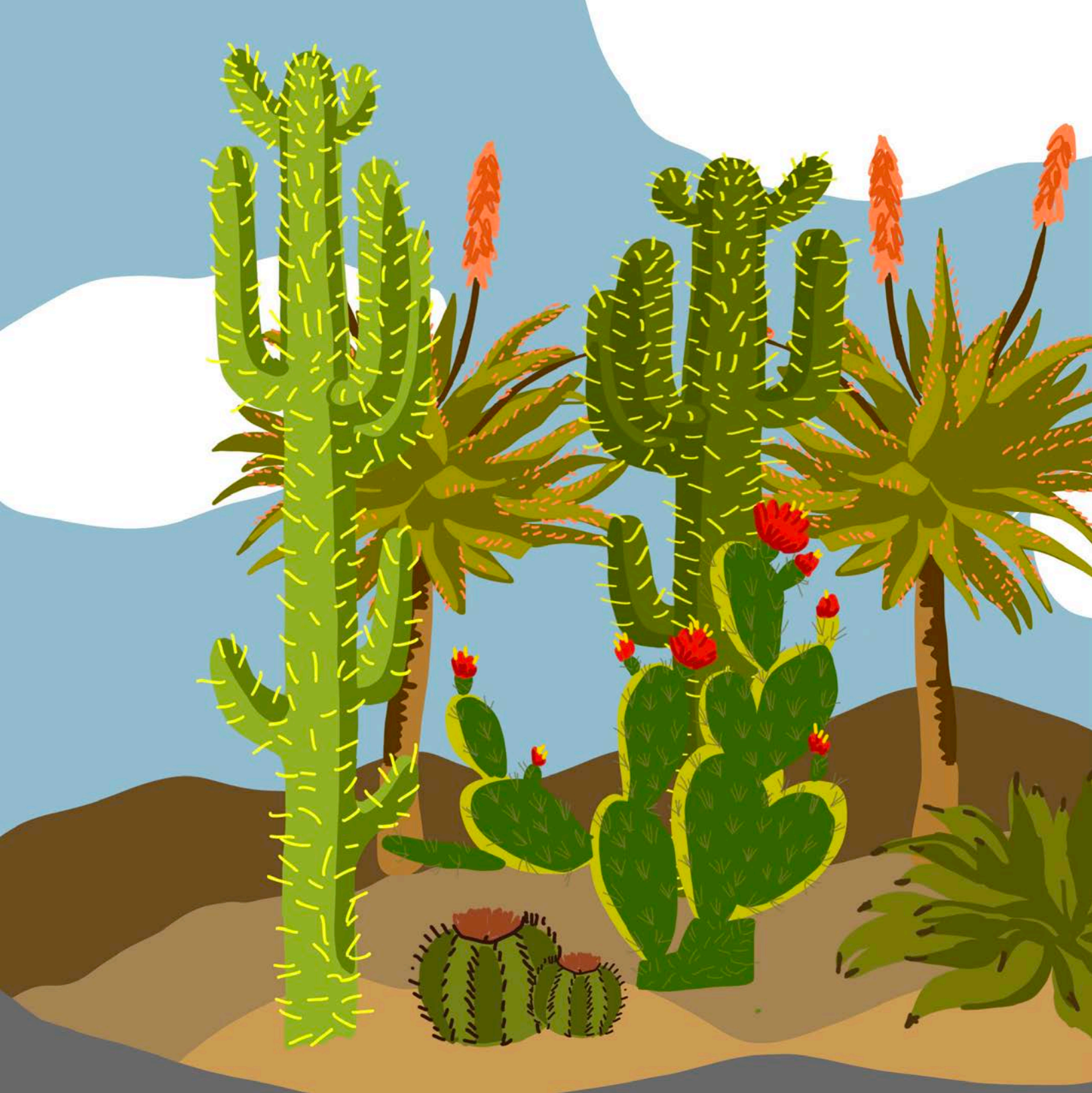


**My friend cannot play.
I am sad.**





**But a hug makes
everything better.**





I am mad!





**When I am mad and
there are things to do,**





**I take some time
and to calm down,**





**I take a step back
and breathe.**





**We are happy
when we dance.**





**We are happy
when we sing.**





Give me five!
We are going to laugh!



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